

# Want to learn more about Note-Taking Skills?

SIGN UP FOR A MEETING WITH A PEER COACH OR PEER TUTOR BY DOWNLOADING THE PENJI APP OR SCANNING THE QR CODE:



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# NOTE-TAKING 101

Center for Academic Enrichment (CAE)

# LUTHER COLLEGE®

HERE ARE SOME HELPFUL STRATEGIES FOR TAKING NOTES!

## Why should you take notes?

- Quality note taking helps improve active listening, comprehension, and overall retention of information.
- Consistent note-taking reduces stress and saves time when studying material after lecture.

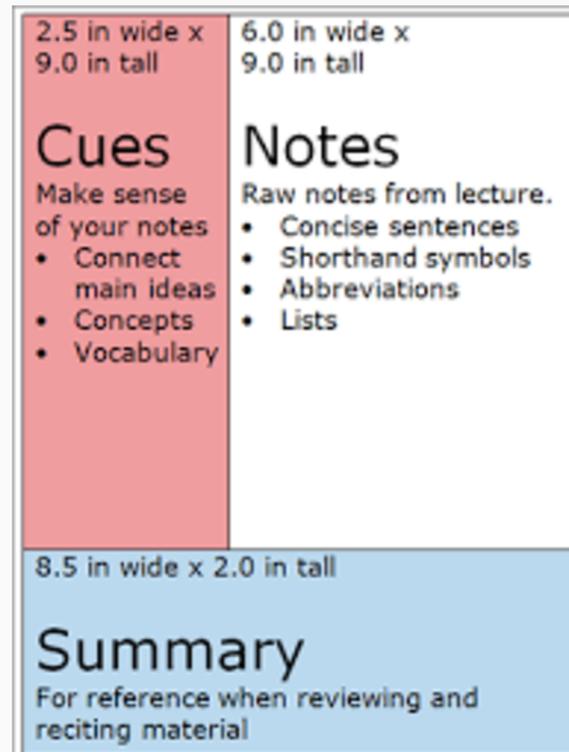
## Common Mistakes when Note-Taking

- Note-taking is NOT transcribing
- Note-taking does not replace studying/review
- Everyone's notes will be different, so find what works best for you!

## Note-Taking Strategy Example:

### Cornell Notes

- Format consists of 1 column of questions and main ideas.
- One column of raw lecture notes
- Summary section
- Specific aspect
- Apply specific information to summary creation



## How to effectively review your notes:

- Work with the material rather than just reading it.
- Try teaching your notes to friends or an empty room.
- Create images or symbols to try and connect to the key topics.

## Interesting Fact!

Students who take notes by hand during lecture have been found to perform better on exam vs students who use laptops or tablets. However, some students may be unable to take notes by hand.