

# Strengths Guide



LUTHER COLLEGE®

CAREER CENTER

# WHAT'S COOL ABOUT CLIFTON STRENGTHS??

CliftonStrengths is a personality assessment that is used to help you discover your innate talents.

Understanding your strengths and how to apply them will help you learn about yourself, enrich relationships, advocate for your needs, build confidence and self-awareness, examine potential biases or barriers, be an effective collaborator, and share your unique story as you build your way forward!

## Quick Overview:

- CliftonStrengths presents 34 talent themes
- Begin by obtaining a code from the Career Center to reveal your Top 5 themes
- Getting to know your Top 5 can help you understand what drives your decisions, sets you apart, and energizes you, as well as your areas of highest productivity and ease.



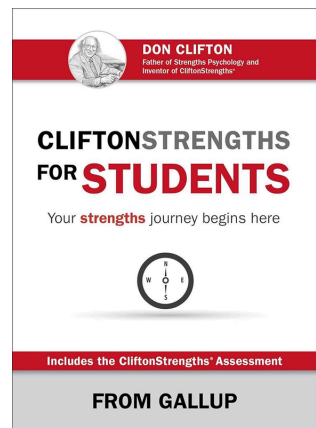
# CLIFTON STRENGTHS HISTORY

- CliftonStrengths was born out of the **positive psychology** movement and was founded by Don Clifton in 1999
- In 2001, Don Clifton co-authored the book "Now, Discover Your Strengths," which aimed to help employees leverage strengths in the workplace
- As of April 2024, over **31 million people** have taken the assessment and it is available in 25 languages

## ★ Insider Tip: CliftonStrengths for Students

*DID YOU KNOW...*

Upon completion of the CliftonStrengths assessment, you are given a *free eBook* that has specific advice for how to apply your strengths at Luther.



# STRENGTHS GUIDING PRINCIPLES

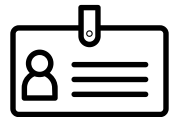
## 1. Strengths are **Neutral**

- No one strength is any better or worse than another. We might envy or be disrupted by certain strengths, but they all provide a distinct contribution. Investing in your strengths can help set you apart!



## 2. Strengths are **NOT Labels**

- While it may be tempting to make assumptions about an individual based on their strengths, stay curious! Strengths show up differently for different people.



## 3. Lead with **Positive Intent**

- Use strengths and associated remarks to uplift and empower rather than tease or put down the strengths of others.



## 4. Differences are an **Advantage**

- A huge variety of people and talents keeps the world interesting, productive, and collaborative!



## 5. People **Need One Another**

- We can't be all things to all people. It's powerful to identify collaborative combinations and give space for each person to bring their strengths to the needs of the group!

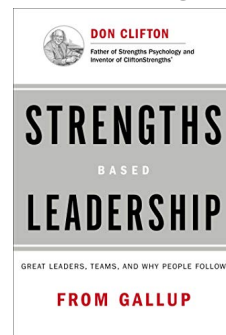




# PLAY TO YOUR **STRENGTHS**

Here are some easy ways to use strengths to elevate your productivity and relationships!

- **Sharing your strengths** and what they mean with others can help you understand how to work together. This can be especially helpful for:
  - **Group Projects** because it will help you analyze each member's needs and unique contributions
  - **Your Professors** because it can help you collaborate to create an education plan that works for you
  - **Roommates and Friends** because you will learn what energizes and drains them
  - **Extracurricular Activities** as a way to break the ice and enhance teamwork
- Reflect on your strengths in work environments and **generate a list** of things that help increase productivity and enjoyment
- Schedule a **career coaching appointment** with one of the strengths coaches in the career center for more customized advice
- Channel your leadership skills and better understand the needs of followers by exploring **STRENGTHS BASED LEADERSHIP** book (the Career Center can loan you a copy!)



# EXPLORE YOUR STRENGTHS

**Insight Cards** are used to learn more about strengths and the ways they may show up for and around you



## INSIGHT CARDS

**CLIFTON STRENGTHS SCHOOL**

### Competition®

People who are especially talented in the Competition theme measure their progress against the performance of others. They strive to win first place and revel in contests.

I am (being)	→	aware of my competitors
I will (doing)	→	strive to win
I bring (contribution)	→	an aspiration to be the best
I need (requirement)	→	peers for comparison and motivation
I love (value)	→	a chance to go against the best
I hate (value)	→	coming in second
Metaphor/Image	→	no consolation prizes – the gold medal is the only medal
Barrier Label	→	sore loser

**Theme Contrast:**

Competition:	When I watch others perform, I get better.
Significance:	When others watch me perform, I get better.
Competition:	The scoreboard measures my progress and validates victory.
Analytical:	Data quantifies experience and validates theories.

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**CLIFTON STRENGTHS SCHOOL**

### Connectedness®

People who are especially talented in the Connectedness theme have faith in the links between all things. They believe there are few coincidences and that almost every event has a reason.

I am (being)	→	incredibly aware of the borderless and timeless human family
I will (doing)	→	integrate parts into wholes
I bring (contribution)	→	an appreciation of the mystery and wonder of life and all creation
I need (requirement)	→	to be part of something bigger than myself: a family, a team, an organization, a global community, a cosmos
I love (value)	→	circles of life and threads of continuity
I hate (value)	→	an "us vs. them" mentality
Metaphor/Image	→	person as body, mind, and spirit
Barrier Label	→	flaky, new-ager, not in touch with reality

**Theme Contrast:**

Connectedness:	Accepts mystery.
Analytical:	Proves truth.
Connectedness:	Aware of the inherent, invisible unity that already exists.
Includer:	Aware of the invisible social exclusion that often exists.

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**CLIFTON STRENGTHS SCHOOL**

### Consistency™

People who are especially talented in the Consistency theme are keenly aware of the need to treat people the same. They try to treat everyone fairly by setting clear rules and adhering to them.

I am (being)	→	more interested in group needs than individual wants
I will (doing)	→	reduce variance and increase uniformity
I bring (contribution)	→	rules and policies that promote cultural predictability
I need (requirement)	→	standard operating procedures
I love (value)	→	repeating things in the exact same way
I hate (value)	→	unnecessary customization
Metaphor/Image	→	the beauty and efficiency of a consistent golf swing
Barrier Label	→	rules trump relationships and results

**Theme Contrast:**

Consistency:	Treating people similarly promotes fairness.
Individualization:	Treating people differently promotes fairness.
Consistency:	I like merry-go-rounds.
Adaptability:	I like roller coasters.

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**CLIFTON STRENGTHS SCHOOL**

### Context®

People who are especially talented in the Context theme enjoy thinking about the past. They understand the present by researching its history.

I am (being)	→	appreciative of my predecessors and prior events
I will (doing)	→	remember important history
I bring (contribution)	→	accurate memories and valuable memorabilia
I need (requirement)	→	relevant background for discussions/decisions
I love (value)	→	the retrospective
I hate (value)	→	when the past is forgotten
Metaphor/Image	→	rear-view mirror – essential for safe driving
Barrier Label	→	stuck in the past

**Theme Contrast:**

Context:	I naturally remember and revere what has been.
Futuristic:	I naturally anticipate and imagine what could or should be.
Context:	I can proceed when I understand the history.
Focus:	I can proceed when the goal is clear.

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Themes are neutral | Themes are not labels | Lead with positive intent | Differences are an advantage | People need one another

# Gallup Reports provide background and deeper insight into your strengths and talent themes

## Gallup Top 5

This report outlines your Top 5, how they show up for you, and how they interact with each other to inform your unique personality

GALLUP | CliftonStrengths® Top 5

NOAH HOWE | 03-16-2021



1. Strategic
2. Communication
3. Connectedness
4. Ideation
5. Woo

### How Strategic Blends With Your Other Top Five Strengths

#### STRATEGIC + COMMUNICATION

You have many stories in your repertoire, but you sort through all of them to find the perfect one for each situation.

#### STRATEGIC + CONNECTEDNESS

In your quest to promote community, you consider all options, always looking for the best path leading to oneness.

#### STRATEGIC + IDEATION

When you need to do something or get somewhere, you consider all possibilities. If none seem right, you create a new one.

#### STRATEGIC + WOO

You are at your best when you are engaged in a challenge that involves multiple options and requires you to interact with many people.

### Apply Your Strategic to Succeed

#### Think ahead to gain perspective.

- ☐ Take time to fully plan your path forward. While you easily see patterns where others see complexity, it is important to make time to envision these alternative scenarios.
- ☐ Practice explaining your decision-making process before talking with others. Doing this ensures people know you have considered different options and opinions to inform your decision.

## CliftonStrengths for Students

This report goes more in-depth with how each of your strengths could contribute to or get in the way of your success as a student



ACCESS YOUR RESULTS

### STRATEGIC THINKING

## 4. Ideation\*

You are fascinated by ideas. You are able to find connections between seemingly disparate phenomena.

#### How This Theme Contributes to Your Success

While some might need more direction on an assignment or project, your mind is immediately bursting with ideas. From brainstorming essay or debate topics to research planning, you are at your best in the beginning stages of ideating during a project. When other students are overwhelmed or don't know where to begin, you are ready to share your thinking.

You are a very creative person. How you think is unique because you see many approaches leading to the same conclusion. For example, you may be able to share three or four thoughts before others have even thought of one. Whether your ideas work or not isn't the point, but rather the originality with which you brainstorm them.

When others don't understand something, you're great at teaching or explaining it in a new way. Your approach to learning requires freedom to think and share, which makes you an asset for other students trying to better understand difficult lessons. You think of different ways to help others understand the problem. This positively influences class discussions and group work.

#### How This Theme Could Get in the Way of Your Success

- You may feel like you don't have enough time to think, ideate and share your ideas in every class. And often, you'll need to do this outside of class. At some point, you need to commit to an idea and then take responsibility for doing the classwork. You might continue to get great ideas even after you start a project, distracting you and tempting you to start over with something new.
- Without creative liberty, you may get bored. You might lose motivation if a class or extracurricular activity doesn't accommodate your learning style. For example, a class with only lectures and tests with few creative projects or limited free time will be part of your academic journey. While it may feel draining, you'll need to find ways to endure it.
- When considering the future, you may feel like there are too many options to explore. You see so many possibilities and often have many aspirations — but as your ideas for your future increase, so does your inability to choose a direction. You may exhaust yourself by worrying about what's next for your future.

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# EXPLORE YOUR STRENGTHS

**Barrier and Talent** descriptions help us consider our implicit or explicit biases toward a strength while highlighting the potential and powerful contribution of that strength

THEME	BARRIER LABEL: INSTEAD OF SAYING THIS . . .	TALENT ENABLER: SAY THIS . . .
Positivity	insincere, naïve, superficial, Polly Anna	enthusiastic, lighthearted, energetic, generous with praise, optimistic
Relator	lives in a clique, crony, has an inner circle, plays favorites	caring, trusting, a great friend, forgiving, generous
Responsibility	micro-manager, obsessive, can't say "no," take on more than you can chew	committed, accountable, independent, trusted, conscientious
Restorative	focuses on weaknesses, punitive, negative, critical	problem solver, troubleshooter, finds improvements and solutions
Self-Assurance	arrogant, self-righteous, over confident, stubborn	self-confident, strong inner compass, risk-taker
Significance	recognition hungry, self-focused, needy	seeks outstanding performance, does things of importance, independent
Strategic	jumps to quick decisions, difficult to understand their thinking, closed-minded	anticipates alternatives, intuitive, sees different paths
Woo	fake, shallow, does not care about deep relationships	outgoing, people-oriented, networker, rapport-builder



FULL HANDOUT

# ENGAGE WITH OTHERS

**Strengths Workshops** teach you more about strengths while building teamwork and community



## Examples of Past Workshops:

- interview preparation
- work study elevation
- career discernment
- defining your leadership style
- creating your artist statement
- science lab
- athletic teams
- music ensembles
- faculty/staff development
- student organizations

**Interested in scheduling a strengths workshop?**

*Email us at [strengths@luther.edu](mailto:strengths@luther.edu)*

# ENGAGE WITH OTHERS

The Best of Me is used to foster open and supportive environments by reflecting and sharing in these four areas

THE BEST OF ME

YOU GET THE BEST OF ME WHEN...

YOU GET THE WORST OF ME WHEN...

YOU CAN COUNT ON ME TO...

THIS IS WHAT I NEED FROM YOU...

Responsibility  
Integrity  
Communication  
Teamwork  
Leadership  
Resilience  
Empathy  
Creativity  
Collaboration  
Innovation  
Adaptability  
Growth Mindset  
Self-awareness  
Emotional Regulation  
Social Skills  
Conflict Resolution  
Problem Solving  
Critical Thinking  
Time Management  
Organization  
Attention to Detail  
Perseverance  
Grit  
Growth Mindset  
Self-awareness  
Emotional Regulation  
Social Skills  
Conflict Resolution  
Problem Solving  
Critical Thinking  
Time Management  
Organization  
Attention to Detail  
Perseverance  
Grit

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THE BEST OF ME



**What You Do** is used to outline responsibilities you have and identify the strengths that you use to help accomplish them

**What you do as a \_\_\_\_\_?**

1. In the 'What You Do' column below, list your most important recurring responsibilities in a current or upcoming role:

Rank	What you do	Contributing Talent Theme

2. Rank these tasks/responsibilities in order of importance.
3. Circle the 4 tasks/responsibilities that you do best.
4. Draw a star next to the 4 tasks/responsibilities that you enjoy most.
5. Identify which of your Signature Themes contribute most to the ease, excellence, and enjoyment of these items. List as many as apply.



**WHAT YOU DO**

# ENGAGE WITH OTHERS

**Effective Team Dynamics** are used to highlight what each team member brings to the group and the requests they have for their teammates to support their success

## Effective Team Dynamics

\_\_\_\_\_’s Top 5:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

I hate...

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

My request of my team members:

\_\_\_\_\_

\_\_\_\_\_

I bring...

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

My pledge to my team members:

\_\_\_\_\_

\_\_\_\_\_



## EFFECTIVE TEAM DYNAMICS

**Team Contracts** are used to outline each team members commitments from the team dynamics reflection

## Team Contract

As a group, we will do our best to support our team members by.....

\* \_\_\_\_\_

\* \_\_\_\_\_

\* \_\_\_\_\_

\* \_\_\_\_\_

We can count on the following from our group members.....

\* \_\_\_\_\_

\* \_\_\_\_\_

\* \_\_\_\_\_

\* \_\_\_\_\_



# DISPLAY YOUR STRENGTHS

**Door Tags** are used to display your strengths for friends, faculty, students, and family to spark strengths conversations and serve as a reminder of your unique contributions.



**REQUEST A  
DOOR TAG!**

Use @Luther.edu email



**Email Signatures** are used to share your strengths when communicating professionally and can serve as conversation starters with potential employers and your Luther network

--

Olivia Moore

she/her

Luther College '27 - Instrumental Music Education

Career Center Peer Advisor & Strengths Ambassador

Luther Mock Trial Co-Captain

*Input | Restorative | Achiever | Learner | Developer*

Here is a  
formatting idea!



# DISPLAY YOUR STRENGTHS

**Team Grids** are used to highlight the strengths and strength areas of individuals on a team, class, or extracurriculars

<div><div><div>Restorative Intelligence</div><div>Maximizer</div><div>Communication</div><div>Positivity</div><div>CliftonStrengths</div><div>LUTHER COLLEGE</div><div>Career Center</div></div><div><div>Competition</div><div>Relator</div><div>Deliberative</div><div>Activator</div><div>Empathy</div><div>Belief</div><div>Context</div><div>Woo</div><div>Individualization</div><div>Analytical</div><div>Developer</div><div>Self-Assurance</div><div>Focus</div><div>Discipline</div><div>Consistency</div><div>Strategic</div><div>Adaptability</div><div>Connectedness</div><div>Harmony</div><div>Includer</div><div>Positivity</div><div>Relator</div><div>Analytical</div><div>Context</div><div>Futuristic</div><div>Ideation</div><div>Input</div><div>Intelligence</div><div>Learner</div><div>Strategic</div></div></div>	EXECUTING									INFLUENCING							RELATIONSHIP BUILDING							STRATEGIC THINKING									
	People with dominant Executing themes make things happen. They take action and work tirelessly to implement solutions.									People with dominant Influencing themes take charge, speak up and make sure the team is heard. They are always selling the team's ideas to different audiences.							People with dominant Relationship Building themes build strong relationships that hold a team together. They have the ability to make a team much greater than the sum of its parts.							People with dominant Strategic Thinking themes keep a team focused on what could be. They constantly absorb and analyze information, help the team make better decisions and create a vision for the future.									
Achiever	Arranger	Belief	Consistency	Deliberative	Discipline	Focus	Responsibility	Restorative	Activator	Command	Communication	Competition	Maximizer	Self-Assurance	Significance	Woo	Adaptability	Connectedness	Developer	Empathy	Harmony	Includer	Individualization	Positivity	Relator	Analytical	Context	Futuristic	Ideation	Input	Intelligence	Learner	Strategic
Anna																																	
Barbknecht																																	
Lawrence																																	
Asli																																	
Bella																																	
Bamielt																																	
Elaberd																																	
Britta																																	
Gabrielle																																	
Janssen																																	
Nguyen																																	
Hudson																																	
Taitano																																	
Brickley																																	
Katrina																																	
Madeline																																	
Jungbauer																																	
Skrade																																	
Miriam																																	
Le																																	
Kuhn																																	
Nancy																																	
Le																																	
Kuhn																																	
Nikki																																	
Noah																																	
Hoos																																	
Moore																																	
Olivia																																	
Sammie																																	
Sabin																																	
Crose																																	
Sarah																																	
Ngakeni																																	
Tina																																	
Oluwa																																	
Victor																																	

GALLUP



## CliftonStrengths® Top 5 for Miriam Skrade

This report presents your five most dominant CliftonStrengths revealed by your responses to the CliftonStrengths assessment. Use this report to learn more about these strengths, how they uniquely show up in your life and how you can use them to fulfill your potential.

### 1. Individualization®

You are intrigued with the unique qualities of each person. You have a gift for figuring out how different people can work together productively.

### 2. Activator®

You can make things happen by turning thoughts into action. You want to do things now, rather than simply talk about them.

### 3. Positivity®

You have contagious enthusiasm. You are upbeat and can get others excited about what they are going to do.

### 4. Relator®

You enjoy close relationships with others. You find deep satisfaction in working hard with friends to achieve a goal.

### 5. Empathy®

You can sense other people's feelings by imagining yourself in others' lives or situations.

■ EXECUTING themes help you make things happen.

■ RELATIONSHIP BUILDING themes help you build strong relationships that hold a team together.

■ INFLUENCING themes help you take charge, speak up and make sure others are heard.

■ STRATEGIC THINKING themes help you absorb and analyze information that informs better decisions.



**REQUEST  
A TEAM GRID!**  
Use @Luther.edu email

Print Gallup's fancy  
summary on the **first  
page of your Top 5  
report!**



# RESUMES, INTERVIEWING, AND REFERENCE LETTERS

Using descriptions from your CliftonStrengths reports can help you and your references craft distinctive statements for potential employers.

- Consider which resume action verbs showcase your unique contributions
- Share your Top 5 report with your references to assist them in describing you accurately and uniquely
- Reflect on how you might describe your strengths when asked in an interview

CliftonStrength	Analytical	Context
Descriptors	Measurer, Fact-Finder/User, Logician, Observer, Identify Cause-And-Effect, Explore Multiple Facets, Data-Driven, Objective, Critical Thinker, Assertive, Conscientious, Logical, Perceptive	Data-Driven Decision Maker, Learner, Reflective, Studious
Summary of Qualifications Examples	Objective analyst who is an excellent resource for impartial consultations Exceptional critical thinking skills that help identify causes as well as formulate solutions	Studious learner who allows historical context influence decision making Exemplary leader who aligns major decisions with the organization's mission and values
Action Verbs	Classified, Compiled, Consulted, Designed, Determined, Devised, Dissected, Edited, Educated, Evaluated, Examined, Formulated, Generated, Identified, Identified, Informed, Revised	Analyze, Apply, Consulted, Counseled, Defined, Determined, Dissected, Established, Examined, Explain, Reestablished, Research, Researched, Revisited
Examples bullets	Used data-driven decision-making processes to explore trends and changes in customer behavior Evaluated and edited/revised emails/documents/communications for brevity without sacrificing important detail	Defined historical context and outcomes to better plan for resolution to current challenges Delivered presentations to help staff understand the 'why' behind new changes and directions

- Use your strengths action items to help you recall your past accomplishments, stories about teamwork, or examples of how you tackle problems, decisions, or conflicts
- Prepare the questions you'll ask the desired company in a way that ties back to your values, strengths, and specific needs
- Determine which 4-6 things you most want the potential employer to know about you and then strive to have that shine through in your resume, cover letter, interview, and references



RESUME TIPS

Click for  
insightful tips!



# STRENGTHS DEFINITIONS

## Achiever

People exceptionally talented in the Achiever theme work hard and possess a great deal of stamina. They take immense satisfaction in being busy and productive.

## Activator

Individuals with the Activator theme can make things happen by turning thoughts into action.

## Adaptability

Those who excel in the Adaptability theme prefer to go with the flow. They tend to be "now" people who take things as they come and discover the future one day at a time.

## Analytical

People with the Analytical theme search for reasons and causes. They have the ability to think about all the factors that might affect a situation.

## Arranger

Those who excel in the Arranger theme can organize, but they also have a flexibility that complements this ability. They like to determine how all of the pieces and resources can be arranged for maximum productivity.

## Belief

People exceptionally talented in the Belief theme have certain core values that are unchanging. Out of these values emerges a defined purpose for their lives.

## Command

Individuals who possess the Command theme have presence. They can take control of a situation and make decisions.

## Communication

Those who have the Communication theme generally find it easy to put their thoughts into words. They are good conversationalists and presenters.

## Competition

People who have the Competition theme measure their progress against the performance of others. They strive to win first place and revel in contests.



## Connectedness

People exceptionally talented in the Connectedness theme have faith in the links among all things. They believe there are few coincidences and that almost every event has meaning.

## Consistency

Individuals who excel in the Consistency theme are keenly aware of the need to treat people the same. They try to treat everyone with equality by setting up clear rules and adhering to them.

## Context

Those who are talented in the Context theme enjoy thinking about the past. They understand the present by researching its history.

## Deliberative

People who possess the Deliberative theme are best described by the serious care they take in making decisions or choices. They anticipate obstacles.

## Developer

Those who are talented in the Developer theme recognize and cultivate the potential in others. They spot the signs of each small improvement and derive satisfaction from evidence of progress.

## Discipline

People talented in the Discipline theme enjoy routine and structure. Their world is best described by the order they create.

## Empathy

Individuals who have the Empathy theme can sense other people's feelings by imagining themselves in others' lives or situations.

## Focus

People with the Focus theme can take a direction, follow through, and make the corrections necessary to stay on track. They prioritize, then act.

## Futuristic

Those who are talented in the Futuristic theme are inspired by the future and what could be. They energize others with their visions of the future.

# STRENGTHS DEFINITIONS

## Harmony

People who excel in the Harmony theme look for consensus. They don't enjoy conflict; rather, they seek areas of agreement.

## Ideation

Those who excel in the Ideation theme are fascinated by ideas. They are able to find connections between seemingly disparate phenomena.

## Includer

Individuals who have the Includer theme accept others. They show awareness of those who feel left out and make an effort to include them.

## Individualization

People talented in the Individualization theme are intrigued with the unique qualities of each person. They have a gift for figuring out how people who are different can work together productively.

## Input

Those who possess the Input theme have a craving to know more. Often they like to collect and archive all kinds of information.

## Intellection

People talented in the Intellection theme are characterized by their intellectual activity. They are introspective and appreciate intellectual discussions.

## Learner

Individuals who have the Learner theme have a great desire to learn and want to continuously improve. The process of learning, rather than the outcome, excites them.

## Maximizer

People with the Maximizer theme focus on strengths as a way to stimulate personal and group excellence. They seek to transform something strong into something superb.

## Positivity

Individuals with the Positivity theme have contagious enthusiasm. They are upbeat and can get others excited about what they are going to do.

## Relator

People exceptionally talented in the Relator theme enjoy close relationships with others. They find deep satisfaction in working hard with friends to achieve a goal.

## Responsibility

Those who excel in the Responsibility theme take psychological ownership of what they say they will do. They are committed to stable values such as honesty and loyalty.

## Restorative

People who are talented in the Restorative theme are adept at dealing with problems. They are good at figuring out what is wrong and resolving it.

## Self-Assurance

Those who have the Self-Assurance theme feel confident in their ability to manage their own lives. They possess an inner compass that gives them confidence that their decisions are right.

## Significance

Those who are exceptionally talented in the Significance theme want to be very important in the eyes of others. They are independent and want to be recognized.

## Strategic

Individuals who possess the Strategic theme create alternative ways to proceed. Faced with any given scenario, they can quickly spot the relevant patterns and issues.

## Woo

People talented in the Woo theme love the challenge of meeting new people and winning them over. They derive satisfaction from breaking the ice and making a connection with someone.

Supporting your self-awareness  
and confidence as you design your life

LUTHER COLLEGE®

CAREER CENTER

## CHOOSE YOUR NEXT STEPS:

1. Reach out to a strengths coach for a conversation, code, or workshop
2. Request a door tag, team grid, add strengths to your email signature, or print your Top 5 summary
3. Visit [Gallup.com/access](https://Gallup.com/access) to access strengths resources
4. Explore your reports, insight cards, or book sections related to your Top 5
5. Learn about the other 29 strengths



Request  
Code



Access Your  
Results



Luther Strengths  
Website



Gallup  
App

## Ways to connect with the Career Center

- ★ Schedule a 1:1 Coaching Appointment via Handshake
- ★ Drop-In for a Career Lab, Union, 2nd Floor
- ★ Visit [Luther.edu/Career](https://Luther.edu/Career)
- ★ Email [strengths@luther.edu](mailto:strengths@luther.edu)
- ★ Follow us on social @LCCareer

