

ANURADHA ANANTHARAMAN

700 College Drive, Luther College,
SPO#34, Decorah, IA-52101
515-867-0362
ananan01@luther.edu

EDUCATION:

Luther College, Decorah, IA Bachelors of Arts in Psychology, Minor in Management	Expected May 2015 Cumulative GPA 3.87
United World College, Mahindra College Curriculum: International Baccalaureate	May 2011

PROFESSIONAL EXPERIENCES:

Teaching Assistant, Psychology 130 General Psychology & Psychology 240 Developmental Psychology Supervisor: Dr. Stephanie Travers	February 2015-Current
<ul style="list-style-type: none">Graded homework assignments and tests.	
Teaching Assistant, Psychology 130 General Psychology Supervisor: Dr. David Bishop	September 2014-December 2014
<ul style="list-style-type: none">Graded homework assignments and tests, maintained grade book, assisted organizing lab sessions.Served as a resource to students who required supplementary assistance.	
Intern, Development Bank of Singapore, Mumbai, India Supervisor: Garima Mishra	July 2014-August 2014
<ul style="list-style-type: none">Research on current Talent selection practices and training programs.Developed a behavioral competency measure to identify and assess Talents within the company.	
Intern, Cerebrus Consultants, Mumbai, India Supervisor: Mangal Dhuri	June 2014-July 2014
<ul style="list-style-type: none">Assisted with Assessment centers conducted for organizations.Wrote employee profiles to be used during consulting sessions between consultants and managers of organizations.Reviewed Individual Development Plans for employees.	
Teaching Assistant, Psychology 350 Behavioral Statistics Supervisor: Dr. Loren Toussaint	Spring 2014
<ul style="list-style-type: none">Graded homework assignments and tests.	
Teaching Assistant, Psychology 185 seminar Supervisor: Dr. Loren Toussaint	January 2014
<ul style="list-style-type: none">Graded homework assignments.	
RESEARCH EXPERIENCE AND INTERUNIVERSITY COLLABORATIONS:	
Research Assistant, Psychology of the Workplace Lab Supervisor: Dr. Justin Sprung	Fall 2014- Present
Research Assistant, Laboratory for the Investigation of Mind, Body and Spirit Supervisor: Dr. Loren Toussaint	January 2011-Present

Grinnell-Luther College Collaborative
Supervisors: Dr. Loren Toussaint, Dr. Asani Seawell

Fall 2012-Present

PAPER AND POSTER PRESENTATIONS:

- **Anantharaman, A.**, Sprung, J. (2015, May) *Core self evaluations, workload, and counterproductive work behavior: The benefits of a positive personality*. Poster to be presented at the annual Midwestern Psychological Association conference, Chicago, IL.
- **Anantharaman, A.**, Breen, T., Statkevich, M., Curry, J. G., Sprung, J. M. (2015, May) *Self-employment and work-family conflict: The moderating role of core self evaluations*. Poster to be presented at the annual Midwestern Psychological Association conference, Chicago, IL.
- **Anantharaman, A.**, Basche, D., Lafferty, B. (2015, May) *The impact of motivation on the relationship between autonomy and job satisfaction*. Poster to be presented at the annual Midwestern Psychological Association conference, Chicago, IL.
- **Anantharaman, A.**, Kochendorfer, L., Weber, A., Erickson, A., Toussaint, L. (2014, November) *Openness as a moderator for the relationship between intervention types and forgiveness*. Poster presented at Seven Rivers Undergraduate Research Symposium.
- **Anantharaman, A.**, Dorn, G., Kochendorfer, L., Toussaint, L. (2014, April) *Self forgiveness and hope in cancer patients and caregivers*. Paper presented at Minnesota Undergraduate Psychology Conference, Bethel University.
- Toussaint, L., Barry, M., Bornfriend, L., Wells, K., Dorn, G., **Anantharaman, A.**, Strafelda, M., & Kochendorfer, L. (2014, April). *Restore: The journey toward self-forgiveness: A psycho-spiritual educational approach to self-forgiveness*. Paper presented at the Society for Behavioral Medicine. Philadelphia, PA.
- **Anantharaman, A.**, Kochendorfer, L., Swanson, G., Muller Ewald, V., Pahos, W., Carroll, S., Seawell, A. & Toussaint, L. (2013, May). *Quick ways to become more forgiving: Examining prayer, mediation, and writing exercises to promote forgiveness*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Scharmer, C., Schwering, L., Coletta, G., **Anantharaman, A.**, Strafelda, M., & Toussaint, L. (2013, May). *Forgiveness moderates associations between suicidality and stress, depression, and shame/guilt risk factors in a national sample of police officers*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

INVITED PAPER PRESENTATIONS

- **Anantharaman, A.**, Kochendorfer, L., Toussaint, L. (2013, February) *Quick ways to become more forgiving: Examining prayer, mediation, and writing exercises to promote forgiveness*. Paper presented at Bethel University.
- **Anantharaman, A.**, Strafelda, M., Toussaint, L. (2013, February) *Forgiveness moderates associations between suicidality and stress, depression, and shame/guilt risk factors in a national sample of police officers*. Paper presented at Bethel University.

ONGOING INVESTIGATIONS:

Core Self Evaluations, Workload, and Counterproductive Work Behavior: The Benefits of a Positive Personality

- Conducted Statistical analysis on the data from a previous study using SPSS.
- Used Moderated Regression Analyses to examine the effect of Core Self Evaluations on Workload and Counterproductive Work Behavior.

Self-Employment and Work-Family Conflict: The Moderating Role of Core Self Evaluations

- Conducted Statistical analyses on previously collected data using SPSS.
- Univariate Analysis of Variance was used on the data to examine the main effect of Core Self Evaluations and it's interaction effects with Employment type on Work-Family Conflict.

Motivation as a Moderator for the Relationship Between Autonomy and Job Satisfaction

- Designed the study, collected data using convenience sampling.
- Data will be analyzed using Moderated Regression Analysis.

Brief Forgiveness Interventions Study

- Examining three methods of promoting forgiveness: Mediation, Prayer or Expressive writing
- Member of Luther College collaborating team with Grinnell College, IA
- Midwestern Psychological Association, 2013, poster presentation
- Currently, modified the Prayer and Control conditions to retest the hypothesis.

HONORS AND AWARDS:

Psi Chi International Honors Society of Psychology	April 2013-Present
Dean's List, Luther College	Fall 2011-Present
Conference Travel Award	May 2013
Achievement Award, Luther College	Fall 2011-Present
Diversity Enrichment Scholarship, Luther College	Fall 2011-Present
Davis United World College Scholarship, Davis United World Program	Fall 2011-Present

OTHER JOB EXPERIENCES:

Ticket Office Associate, Luther College	February 2012-Present
Ticket Office Student Manager, Luther College	February, 2014-Present
• Customer service, Cashier, Deposits, Reports, Ticket sales, Head Usher.	
Box Office Summer Student Manager, Luther College	June 2013-August 2013
• Customer service, ticket sales, maintained cash, deposits and daily reports.	

REFERENCES:

Dr. Loren Toussaint, Associate Professor, Department of Psychology, Luther College Email: touslo01@luther.edu Phone: 563-387-1647	Dr. David Bishop, Associate Professor, Department of Psychology, Luther College Email: bishopda@luther.edu Phone: 563-387-1262	Dr. Justin Sprung, Assistant Professor, Department of Psychology, Luther College Email: spruju01@luther.edu Phone: 563-387-1255
--	---	--