Goal setting helps you define your direction and strategies for getting there. It also gives you a sense of satisfaction as you make progress! Give some serious thought to what you want to accomplish this year then put it in writing here.

**Remember, your goals should be SMART! (Specific, Measurable, Attainable, Relevant, and Timely)**

<table>
<thead>
<tr>
<th>Name:</th>
<th>Academic Yr:</th>
<th>Today’s Date:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Areas of Interest/Major:</td>
<td>Current GPA:</td>
<td>Expected Graduation Date:</td>
</tr>
<tr>
<td>Overall Life/Career (long-term) Goal:</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Academic
- **Measurable goal for the year:**
- **How will you achieve your goal and evaluate its accomplishment?**

### Financial
- **Measurable goal for the year:**
- **How will you achieve your goal and evaluate its accomplishment?**

### Career
- **Measurable goal for the year:**
- **How will you achieve your goal and evaluate its accomplishment?**

### Personal
- **Measurable goal for the year:**
- **How will you achieve your goal and evaluate its accomplishment?**

### Other
- **Measurable goal for the year:**
- **How will you achieve your goal and evaluate its accomplishment?**