American Rivers Conference Tennis Protocols

- Face coverings are required for players and coaches from the time they arrive at the courts until departure with these exceptions:
  - Face coverings may be removed by competing players for warm-up and the match’s duration.
  - Coaches shall wear face coverings any time they are within six feet of any player (own team or opposition) or spectator.
- The expectation, as in a normal year, is that dual matches shall be moved indoors if conditions warrant.
- Policies regarding spectators are made by each institution. Spectators are expected to use face coverings when physical distancing is not possible.
  - Policies regarding spectators indoors are made by each institution and could differ from that institution’s outdoor policies. Policies should be publicized to the greatest extent possible.
- Physical distancing shall be maintained at all times when interacting with the opposing team or with spectators. Do not make physical contact with them (such as shaking hands or a high five).
- For doubles play, avoid all incidental contact. This includes post-point celebrations, no whispering to each other from a close distance to strategize, etc.
- Avoid touching your face after handling a ball, racquet or other equipment. Wash your hands promptly if you have touched your eyes, nose or mouth.
- Avoid sharing food, drinks or towels.
  - Traveling teams should be prepared to bring fluids, etc., for their teams. Coolers normally provided shall not be available (no communal water provided).
- Use your racquet/foot to pick up balls and hit them to your opponent. Avoid using your hands to pick up the balls.
- If/when changing ends of the court, be sure to maintain physical distancing.
- Remain apart from other players when taking a break; teammates should not approach during a break a player(s) involved in a match.
- If a ball from another court comes to you, send it back with a kick or with your racquet.
- The home team shall be designated to adjust the net scorecards to update the status of the match. Do not touch the scorecards if you are the visiting team.
- Consideration should be given to playing with either four or six tennis balls:
  - Each player(s) shall have tennis balls with a different number than the opponent(s).
  - Proceed with play, making sure to pick your set of number tennis balls only. Should a ball with another number end up on your side of the court, do not touch them with your hands. Use your racquet head or feet to advance the ball to the other side of the court.
- All players, coaches, and spectators shall leave the facility as quickly as possible following the competition.