About the Program

- The Norse have won a conference-record 26 track-and-field team championships.
- Seven Luther track-and-field athletes have been named conference MVP.
- Combined the Norse have tallied six indoor and 38 outdoor All-America honors.
- Combined the Norse have earned 226 all-academic team honors (3.5 GPA or higher) since 1993, the first year of the award.
- The 2001 Norse distance-medley-relay team won the indoor national title.

Program Snapshot

Love of the sport, a positive attitude, and the desire to excel are characteristics that we look for in Norse track-and-field athletes. These characteristics are the backbone of the tradition that has been built at Luther—Iowa Conference team champions 26 times, a combined 131 NCAA Division III national qualifiers, and 44 All-American honors. We stress total development of the student-athlete at Luther. You will find many opportunities to develop academically, socially, spiritually, and athletically.

Our season runs from December through May, allowing for gradual progression in training. You will be challenged to work hard and make sacrifices, yet you will have many opportunities to experience success and have fun doing it. We generally alternate heavy and light weeks in our training progression. Development of flexibility and strength has been instrumental for all of our athletes in their attaining success and remaining healthy.

JEFF WETTACH, HEAD COACH

(563) 387-1577  wettach@luther.edu

- He begins his 30th year as head coach—the ninth as head coach of both the men’s and women’s programs.
- Combined, his athletes have recorded 468 all-conference performances (top-three place winners).
- His athletes have also recorded 21 indoor conference titles, 71 outdoor conference titles, and 42 All-American honors.
- He serves as director of the Luther College Distance Running Camp.
- He was named 1995 Iowa Conference Coach of the Year in track and field.

Our outdoor track-and-field facility is located in the 5,000-seat Carlson Stadium and features a new eight-lane, 400-meter polyurethane surface track with two directional approaches for the pole vault and all jumping events, two shot-put circles, a discus/hammer cage, and multidirectional javelin-throwing areas. Our indoor track is housed in the Regents Center, adjacent to the outdoor stadium. The 200-meter, six-lane track and horizontal jump runways are polyurethane surface. The high jump, pole vault, and throwing areas are located on the infield of the track. This track is easily accessible, and has an elevated walkway around half of the facility, which allows for up to 400 spectators. These great facilities allow for year-round training and the opportunity to host many home meets.

2015–16
**Outstanding Athletics Facilities**

**Outdoor Facilities**
- Carlson Stadium—5,000 seats; football field; eight-lane, 400-meter polyurethane-surface track with two directional approaches for pole vault and all jumping events; two shot put circles; discus/hammer cage; and multi-directional javelin-throwing areas
- Twelve tennis courts adjacent to Carlson Stadium
- Irrigated practice facilities and soccer-only stadium equipped with dugouts, stadium seating with a capacity of 500, perimeter fencing, and lighting for night matches
- Irrigated baseball and softball diamonds with seating capacity of 500
- 2.5-mile on-campus fitness trail allowing home cross country meets
- Chipping and putting green with adjacent driving range

**Indoor Facilities**
- Three full-sized basketball courts with seating capacity of 3,000; also used for volleyball and wrestling competitions
- 4,250-square-foot Paul Solberg Wrestling Complex
- New state-of-the-art, 25-yard, eight-lane pool with separate one-meter and three-meter diving well
- 200-meter, six-lane polyurethane-surface track, with easily accessible elevated walkway allowing for up to 400 spectators
- Six tennis courts
- Year-round training facility for baseball, softball, soccer, tennis, and football
- 10,000-square-foot Legends Fitness for Life Center featuring cardiovascular-conditioning machines, free weights, weight machines, climbing wall, computer lab, and social area

**Over a Century of Athletic Excellence**
- 232 IIAC championships won by Luther
- 162 men’s championships
- 70 women’s championships
- 110 NCAA Division III national tournament appearances
- 22 Men’s All-Sport Championships
- 8 Women’s All-Sport Championships
- 19 varsity sports—largest sponsorship in the IIAC
- 28 individual national champions
- 321 All-America Honors
- 38 NCAA Postgraduate Scholars
- 58 CoSIDA Academic All-Americans
- 1,800 All-Academic honors earned since 1993 (3.5 GPA or higher on 4.0 scale)

**Luther Quick Facts**
- Four-year liberal arts college affiliated with the Lutheran church (ELCA)
- National affiliation: NCAA Division III
- Conference affiliation: Iowa Intercollegiate Athletic Conference

**Luther Quality**
- Our retention rate is the highest in the Iowa Conference.
- 12:1 student/faculty ratio
- A Phi Beta Kappa chapter recognizes academic excellence. (Few colleges in the United States can claim this distinction.)

**Luther Students**
- Luther has 2,400 full-time undergraduate students from 40 states and 61 countries—the largest student body in the Iowa Conference.
- Luther is not a suitcase college—nearly all of our students live on campus and stay over the weekends, engaging in numerous campus activities.

**Luther Education**
- Luther delivers a liberal arts education, teaching critical-thinking and lifelong-learning skills.
- All Luther students participate in distinctive, hands-on learning: internships, research, study abroad, student teaching, or service learning.
- Luther graduates have excellent placement rates—about 98 percent of graduates are employed, enrolled in graduate school, or engaged in an internship or volunteer service within eight months of graduation.

**Luther Financial Aid**
- Ninety-eight percent of students receive financial assistance.

Admissions contact: (800)458-8437, admissions@luther.edu
Athletics contact: (563)387-1575, www.luther.edu/sports