New Aquatic Center completed in June 2013

BETHANY NICOLL, INTERIM HEAD COACH
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- 2010 graduate of Luther College
- Three years as an assistant coach
- Four-year letter winner for the Norse
- Two-time all-conference performer in the 200 IM and once in the 400 IM
- Three-time all-conference performer in the 200 freestyle relay
- Two-time all-conference performer in the 400 freestyle relay
- Member of Luther swimming 800-plus point club
- Named Most Inspirational and Hardest Worker during her swimming career
- Served as a co-captain as a senior

Program Snapshot

Tradition. The Norse are accustomed to winning. Over the past 46 years, we have compiled 38 winning seasons and numerous championships—including 12 IIAC Conference championships. During this same time, the Norse have marked numerous Academic All-America honors and the record books have been continually rewritten.

Training. Luther’s training philosophy is based on hard work, and our student-athletes consistently exceed expectations. Our swimmers train for speed with a core program of intense circuit training, lifting, and group-specific practices (distance, mid-distance, stroke, and sprint). You, too, could become a swimmer or diver of NCAA-nationals caliber.

Balance. Our training schedule, which begins in October, strives for balance with academics and other cocurricular activities, allowing for success in the pool and in the classroom.

Team. Practices and other team functions combine hard work and fun in a family atmosphere, creating relationships and attitudes student-athletes will carry with them after graduation.

Accolades. Combined, our men and women have produced 11 All-American and 13 honorable mention honors. In 2015 Clare Slagel ’16 captured her second individual national title (200 backstroke—2014, 100 backstroke—2015).

Recruiting. This means you! Contact us now to schedule your visit. (563) 386-1578; hubela01@luther.edu

Collectively, 50 Iowa Conference Winter Sports all-academic team honors (3.5 GPA or higher) have been earned since the inception of the award in 2000.

The Norse were named a CSCAA Scholar All-America Team in 2015.

Luther has won 12 of the last 13 IIAC championships.