About the Program
- Our goal is to place in the top 10 at the NCAA Division III National Championships.
- In 41 years of competition, Luther holds a dual-meet record of 162–119 that includes a 77–9 mark versus Iowa Conference schools.
- In 2015, Luther women swimmers and divers won their 11th consecutive MAC championship.
- In 2015, Luther women swimmers and divers won their 12th Liberal Arts Championships title.
- The squad has been honored as an Academic All-American team the past 15 years in a row (3.0 GPA or higher), and in 2015 following the fall semester, the team’s GPA of 3.71 ranked No. 1 in the nation.
- Collectively, 71 Iowa Conference winter all-academic team honors (3.5 GPA or higher) have been earned since the award’s inception in 2000.

BETHANY NICOLL, INTERIM HEAD COACH
(563) 387-1821 nicobe01@luther.edu
- 2010 graduate of Luther College
- Three years as an assistant coach
- Four-year letter winner for the Norse
- Two-time all-conference performer in the 200 IM and once in the 400 IM
- Three-time all-conference performer in the 200 freestyle relay
- Two-time all-conference performer in the 400 freestyle relay
- Member of Luther swimming 800-plus point club
- Named Most Inspirational and Hardest Worker during her swimming career
- Served as a co-captain as a senior

Program Snapshot
Tradition. The women’s team will mark its 42nd year of competition in 2015–16. During this time, the Norse have marked numerous championships and Academic All-Americans and the record books have been continually rewritten.

Training. Through hard work, our student-athletes consistently exceed expectations. Our swimmers train for speed with a core program of intense circuit training, lifting, and group-specific practices (distance, mid-distance, stroke, and sprint). You, too, could become a swimmer or diver of NCAA-nationals caliber.

Balance. Our training schedule, which begins in October, strives for balance with academics and other cocurricular activities, allowing for success in the pool and in the classroom.

Team. Practices and other team functions combine hard work and fun in a family atmosphere, creating relationships and attitudes student-athletes will carry with them after graduation.

Accolades. Combined, our men and women have produced 14 All-American and 16 honorable mention honors. In 2015 Clare Slagel ’16 captured her second national title (100 backstroke—2015; 200 backstroke—2014).

Recruiting. This means you! Contact us now to schedule your visit. (563) 386-1578; hubela01@luther.edu