About the Program

- Luther wrestlers have earned 92 All-America honors.
- Luther wrestlers have been recognized as NWCA Scholar All-Americans 53 times—two have been named NCAA Postgraduate Scholars.
- Ten Norse wrestlers have been crowned national champions, and 10 have been national runners-up.

DAVE MITCHELL, HEAD COACH

- 20th year as head coach
- Inducted into the NWCA Division III Hall of Fame in 2010
- Named National NCAA Division III Coach of the Year in 2004
- Has posted a dual-meet record of 243-115-6
- Has coached 51 All-Americans, eight national champions, five national runners-up, 44 Scholar All-Americans, two NCAA Postgraduate Scholars, and two Iowa Conference Male Scholar Athletes of the Year
- Was an All-American, WIAC league MVP, and two-time NCAA Division III Academic All-American wrestler for UW-La Crosse

Program Snapshot

When do you need to wrestle your best? At the end of the year during the season championships! The Luther wrestling program has earned a reputation of preparing wrestlers to do exactly that. Year after year, Luther wrestlers finish at or above their seeds at the NCAA III Regional and National Championships. Consistently performing well when it counts has helped establish the Luther wrestling program as one of the premier programs in NCAA Division III. Also unique to Luther College is its team-oriented approach. That team emphasis provides student-athletes with a fun atmosphere in which to train and compete, making wrestling at Luther an experience they cherish long after their wrestling careers are over. So if you are a great wrestler with interests beyond wrestling who wants to peak at the right time, Luther College might be the place for you!
Outstanding Athletics Facilities

Outdoor Facilities
- Carlson Stadium—5,000 seats; football field; eight-lane, 400-meter polyurethane-surface track with two directional approaches for pole vault and all jumping events; two shot put circles; discus/hammer cage; and multi-directional javelin-throwing areas
- Twelve tennis courts adjacent to Carlson Stadium
- Irrigated practice facilities and soccer-only stadium equipped with dugouts, stadium seating with a capacity of 500, perimeter fencing, and lighting for night matches
- Irrigated baseball and softball diamonds with seating capacity of 500
- 2.5-mile on-campus fitness trail allowing home cross country meets
- Chipping and putting green with adjacent driving range

Indoor Facilities
- Three full-sized basketball courts with seating capacity of 3,000; also used for volleyball and wrestling competitions
- 4,250-square-foot Paul Solberg Wrestling Complex
- New state-of-the-art, 25-yard, eight-lane pool with separate one-meter and three-meter diving well
- 200-meter, six-lane polyurethane-surface track, with easily accessible elevated walkway allowing for up to 400 spectators
- Six tennis courts
- Year-round training facility for baseball, softball, soccer, tennis, and football
- 10,000-square-foot Legends Fitness for Life Center featuring cardiovascular-conditioning machines, free weights, weight machines, climbing wall, computer lab, and social area

Over a Century of Athletic Excellence
- 232 IIAC championships won by Luther
- 162 men’s championships
- 70 women’s championships
- 110 NCAA Division III national tournament appearances
- 22 Men’s All-Sport Championships
- 8 Women’s All-Sport Championships
- 19 varsity sports—largest sponsorship in the IIAC
- 28 individual national champions
- 321 All-America Honors
- 38 NCAA Postgraduate Scholars
- 58 CoSIDA Academic All-Americans
- 1,800 All-Academic honors earned since 1993 (3.5 GPA or higher on 4.0 scale)

Luther Quick Facts
- Four-year liberal arts college affiliated with the Lutheran church (ELCA)
- National affiliation: NCAA Division III
- Conference affiliation: Iowa Intercollegiate Athletic Conference

Luther Quality
- Our retention rate is the highest in the Iowa Conference.
- 12:1 student/faculty ratio
- A Phi Beta Kappa chapter recognizes academic excellence. (Few colleges in the United States can claim this distinction.)

Luther Students
- Luther has 2,400 full-time undergraduate students from 40 states and 61 countries—the largest student body in the Iowa Conference.
- Luther is not a suitecase college—nearly all of our students live on campus and stay over the weekends, engaging in numerous campus activities.

Luther Education
- Luther delivers a liberal arts education, teaching critical-thinking and lifelong-learning skills.
- All Luther students participate in distinctive, hands-on learning: internships, research, study abroad, student teaching, or service learning.
- Luther graduates have excellent placement rates—about 98 percent of graduates are employed, enrolled in graduate school, or engaged in an internship or volunteer service within eight months of graduation.

Luther Financial Aid
- Ninety-eight percent of students receive financial assistance.

Admissions contact: (800)458-8437, admissions@luther.edu
Athletics contact: (563) 387-1575, www.luther.edu/sports