Men's Cross Country

Luther has one of the best on-campus cross-country courses in the Iowa Conference. Acres of open fields, woods, and prairie on campus provide ideal training for both cross country and distance track.

- 32 Iowa Conference titles
- 23 top-16 finishes at national championships
- 6 NCAA Postgraduate Scholars
- 14 All-Americans

NCAA is a trademark of the National Collegiate Athletic Association.
• Entering 12th year as cross country and distance track coach

Yarrow Pasche
Associate Head Coach
(563) 387-1589
runxc@luther.edu

• Entering 12th year as cross country and distance track coach
• Iowa Conference Coach of the Year three times, and NCAA Central Region Coach of the Year twice
• Six-time All-American in college

We are very fortunate that our teams have had some recent All-Americans, team championships, and chances to run at the national championships, but those successes are a by-product of a team that enjoys working together. That is camaraderie; that is what turns our wheels.”

—Coach S. Pasche

Visit us! visit.luther.edu
Luther College, Decorah, Iowa
Admissions Office: (563) 387-1287, admissions@luther.edu