## INTERNSHIP LEARNING PLAN

**Name:** Sam Sampson  
**Phone:** 387-1234  
**Class Level:**  
**Internship Conducted:** Fall  
**Hours/week:** 40  
**Start Date:** 1/5/2010  
**End Date:** 1/28/2010  

**Faculty Internship Supervisor:** Martin Luther  
**Department:** Social Work  
**Site/Agency:** Fox Elementary  
**Phone:** 563-382-4567  

**Site Supervisor:** Katy Smith  
**Title:** School Psychologist  

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### Learning Objectives  
*(What I intend to learn)*

1. To become more familiar with the learning disabilities through observation and treatment.

2. To observe and gain a better understanding of the development of children through elementary years.

3. To learn and become more familiar with the testing processes of students in the school system.

4. To improve my interpersonal skills with students, parents, and teachers.

5. To identify the key competencies necessary for a successful school psychologist.

6. To decide whether my own interests and skills are compatible with the area of school psychology.

### Strategies  
*(Specific processes for achieving my objectives)*

<table>
<thead>
<tr>
<th>Learning Objective</th>
<th>Strategies</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. To become more familiar with the learning disabilities through observation and treatment.</td>
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</table>
1a. To participate in counseling treatment given by a school psychologist.  
1b. Research observed learning disabilities.  
1c. Review developmental text.  
2a. Interact with and observe the students at the elementary school.  
2b. Review developmental texts and relate observations to stages of development.  
3a. Observe the administration of tests.  
3b. Hand-score the administered tests if possible.  
3c. Review material evaluating the reliability and validity of the tests.  
4a. Observe the school psychologist and her relational skills.  
4b. Refer to text notes from interpersonal communication class.  
5a. Conduct informational interviews with 1-2 school psychologists.  
5b. Research school psychology careers in the Career Center.  
6a. Complete evaluation at the conclusion of the internship. |

### Evaluation Methods  
*(How my progress will be measured)*

<table>
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<tr>
<th>Evaluation Method</th>
<th>Evaluation Details</th>
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</table>
| 1a. Include a case study of student, if possible.  
1b. Develop an annotated bibliography on research completed.  
2a. Write an insert on the observations and relate them to the text.  
2b. Reflective commentary on the developmental changes observed.  
3a. Write an insert pertaining to the observations of the tests.  
3b. Summarize the materials and reports read.  
3c. Reflective commentary on my experiences with the testing process.  
4a. Cite excerpts from the course, which helped me become more personable in the school environment.  
5a. Write a summary and evaluation through compiling the interviews, research, and observations.  
5b. Reflective commentary.  
6a. Review evaluation form.  
6b. Reflective commentary concerning my feelings about the internship. |

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**Faculty Internship Supervisor:** In my judgment, the learning objectives above constitute a valid learning experience worthy of academic recognition.  
**Faculty Internship Coordinator signature:** Martin Luther  
**Date:** 11/02/2009  

**Career Center Internship Coordinator:** In my judgment, the learning objectives described above constitute a valid experience and introduction to the world of work. I agree to work with the student and site supervisor to ensure that objectives, strategies, and methods of the internship are carried out.  
**Career Center Internship Coordinator signature:** Jim Arthur  
**Date:** 11/08/2009  

**Site Supervisor:** I have read this learning plan and attest that its components meet the standards and expectations for an internship with my organization/company. I agree to conduct an evaluation of the student and to participate in a site visit by Luther College if requested.  
**Site Supervisor signature:** Katy Smith  
**Date:** 11/05/2009  

**Student:** I agree to carry out the objectives, strategies, and methods of the learning plan promptly and, to the best of my ability, fulfill my internship obligations.  
**Student signature:** Sam Sampson  
**Date:** 11/10/2009
# INTERNSHIP LEARNING PLAN

**Name:** Jane Jones  
**Phone:** 387-4567  
**Class Level:**  
**Internship Conducted:**  
**Fall**  
**J-term**  
**Spring**  
**Summer**  
**Year:** 2010  
**Hours/week:** 40  
**Start Date:** 6/2/2009  
**End Date:** 8/25/2009  
**Faculty Internship Supervisor:** Norse Mann  
**Department:** Psychology  
**Internship Site/Agency:** Lake Medical Center  
**Site Supervisor:** Donald Johnson  
**Title:** Child Therapist  
**Phone:** 563-382-5678  

It is recommended that two or more learning objectives be identified in each of the following categories with specific strategies for each objective. **Attach a separate sheet if you need additional space.**

I. **Academic Learning and Application** (i.e. related to the ideas, concepts, or theories of your major or minor field(s) of study and ideas or concepts related to the liberal arts.)

II. **Skill Development** (i.e. skills specific to your academic major or an occupation, and/or general skills such as oral and written communication, critical thinking, organization, problem solving, decision making, leadership, interpersonal relationships, technical, computer, etc.)

III. **Personal Development** (e.g. self-confidence, self-awareness, self-management, sensitivity and appreciation for diversity, clarification of work and personal values, career awareness and professional development, etc.)

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<th>Evaluation Methods</th>
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<tr>
<td><strong>(What I intend to learn)</strong></td>
<td><strong>(Specific processes for achieving my objectives)</strong></td>
<td><strong>(How my progress will be measured)</strong></td>
</tr>
</tbody>
</table>
| 1. To gain knowledge and experience with group therapy. | 1a. To observe group therapy sessions.  
1b. To lead group therapy sessions.  
1c. To gather materials and information from sessions. | 1a. Write an insert describing experiences in group therapy. |
| 2. To observe and gain a better understanding of emotional/behavioral disorders, specifically ADHD, ODD, depression, and adjustment disorders. | 1d. Interview supervisor and other co-workers.  
2a. Interact with children in therapy.  
2b. Find/Read articles on the different disorders.  
2c. Write case files.  
2d. Review abnormal psychology book.  
3a. Observe tests being administered and assessed.  
3b. Administer tests.  
3c. Review assessment textbook and notes.  
3d. Talk with coworkers regarding tests. | 2a. Written reflective commentary of observation of children.  
2b. Provide an annotated bibliography of pertinent articles.  
2c. Include a case study or notes from a case study.  
3a. Provide sample tests.  
3b. Do an assessment write-up.  
3c. Supervisor evaluation.  
3d. Reflective summary on experience of assessment. |
| 3. Develop initial skills in administering and assessing ADHD, self-esteem, depression tests and evaluations. | 4a. Observe group/family therapy sessions.  
4b. Observe and give input into documentation, insurance dealings, case files, and discharge summaries.  
4c. Interview co-workers.  
5a. Observations of co-workers.  
5b. Observe group therapy sessions.  
5c. Lead group therapy sessions.  
5d. Do research on child therapy and occupations.  
5e. Gather materials used in group therapy sessions.  
5f. Interact with children during playtime and therapy sessions.  
6a. Research and read to become culturally and “population” aware. | 4a. Written commentary on observation.  
4b. Written summary of case documentation.  
4c. Supervisor evaluation.  
4d. Interview notes from informational interviews.  
5a. Journal reflections.  
5b. Annotated bibliography.  
5c. Summary of observations/interviews. |
| 4. To become a proficient case manager beyond therapist. | 6a. Summary of interviews and observations.  
6b. Collecting of materials and articles. | |
| 5. To identify key competencies in group therapy counseling and family therapy. | | |
| 6. To gain an understanding of ways to form therapeutic relationships with the kids on the mental health unit. | | |

**Faculty Internship Supervisor:** In my judgment, the learning objectives above constitute a valid learning experience worthy of academic recognition.  
**Faculty Internship Coordinator signature:**  
**Date:** 05/24/2009

**Career Center Internship Coordinator:** In my judgment, the learning objectives described above constitute a valid experience and introduction to the world of work. I agree to work with the student and site supervisor to ensure that objectives, strategies, and methods of the internship are carried out.  
**Career Center Internship Coordinator signature:**  
**Date:** 05/25/2009

**Site Supervisor:** I have read this learning plan and attest that its components meet the standards and expectations for an internship with my organization/company. I agree to conduct an evaluation of the student and to participate in a site visit by Luther College if requested.  
**Site Supervisor signature:**  
**Date:** 05/20/2009

**Student:** I agree to conduct the objectives, strategies, and methods of the learning plan promptly and, to the best of my ability, fulfill my internship obligations.  
**Student signature:** Jane Jones  
**Date:** 05/26/2009

**DUE DATE:** First week of internship.