### Discover Your Interests, Skills, Talents and Values
- Identify and assess your interests and skills
  - Read the Luther College Catalog and select one elective course of interest to you
  - Read media, textbooks, newspapers, books related to your interests
  - Complete an interest inventory (e.g. Strong Interest Inventory, MBTI, StrengthsFinder)
- Complete the required Lifetime Health & Wellness Course for first year students
- Investigate and selectively join 1-2 campus clubs or organizations
- Pursue a summer job or volunteer opportunity related to your interests

### Explore Majors and Careers
- Talk to your Advisors, Faculty, Career Counselors, or mentors about majors, study abroad & careers
- Explore majors, courses and requirements
- Explore career options by major
  - Explore web resources at www.luther.edu/career/explore/majors/
- Make a tentative decision on your major
- Conduct an informational interview with someone in your field of interest

### Prepare for the World of Work
- Draft a college resume
- Schedule an appointment with the Career Center to have your resume reviewed by calling 563.387.1025.